



# Fourth Annual Run the Gates 5-Miler

**Benefits four Bucks County agencies providing services to people with disabilities**

**To learn more, please visit [www.44thefuture.org](http://www.44thefuture.org)**

**Sunday, June 6, 2010**

**Forsythia Crossing Park**

**Between Forsythia and Snowball Gates, Levittown**

**5-Miler start at 9 a.m. – 1-mile fun run/walk 9:05 a.m.**

**Rain or Shine**

## PACKET PICK-UP AND RACE DAY REGISTRATION

Opens at 7:30 a.m. on race day until 8:45 a.m.

Register in advance and pick up your packet, or you can register the day of the race.

## REGISTRATION

**5-Mile:** \$20 if registration is received by May 21,

\$25 if registration received by June 3.

Day of Race: fee is \$30.

**1-Mile run run/walk:** \$10 if registration is received by May 21, \$15 if registration is received by June 3.

Day of Race: Fee is is \$20

## Register by mail at:

BCCID, c/o Hale-Smith, Inc.

188 Old Lincoln Highway, Suite 105

Fairless Hills, PA 19030

215.752.7101

## Or online at:

[www.RunTheGates.org](http://www.RunTheGates.org)

## AWARDS: Note! Expanded age group award categories!

Overall men, overall women and top three men and women in age groups: under 14, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & older.

WAIVER: I know that running road races is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by the decision of any race official relative to my ability to safely complete the walk/run. I assume all risks associated with competing or participating in this walk/run event. These hazards include, but are not limited to: falls, contact with other runners or walkers, effects of weather, traffic, hazards and conditions of the courses, all such risks being known and appreciated by me. Having read this waiver, knowing these facts, and in consideration for acceptance of my entry, Four for the Future and any of its member agencies, Middletown Township, Bucks County Roadrunners and all other parties, including sponsors and event personnel associated with this event shall be held harmless from any and all claims of any kind arising out of my participation in this event. I also grant full permission for organizers to use my name and photograph.

Signature \_\_\_\_\_

Signature of Parent or Guardian (under 18 applicant)

\_\_\_\_\_

**REGISTRATION:** 5-mile, \$20 if received by May 21, \$25 if received by June 3, \$25 day of run. 1-mile, \$10 if received by May 21. \$15 if received by June 3;; \$20 day of run..

Do not mail registration after May 29, 2010

Make checks payable to: BCCID.

Mail fee and complete forms to address in block above.

5-mile run: \_\_\_\_\_ 1-mile run/walk: \_\_\_\_\_

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Gender: M \_\_\_\_ F \_\_\_\_ Date of Birth: \_\_\_\_\_

Age on Race Day: \_\_\_\_\_

Day Phone: \_\_\_\_\_

Evening Phone: \_\_\_\_\_

Emergency (not our own): \_\_\_\_\_

E-Mail: \_\_\_\_\_

School, Team, Club, Company: \_\_\_\_\_

T-shirt size (circle) M L XL Bib# \_\_\_\_\_